

Sat 3 <sup>rd</sup>	Sun 4 <sup>th</sup>	Mon 5 <sup>th</sup>	Tues 6 <sup>th</sup>	Wed 7 <sup>th</sup>	Thurs 8 <sup>th</sup>	Fri 9 <sup>th</sup>	Sat 10 <sup>th</sup>	Sun 11 <sup>th</sup>
		<b>All Day</b> Menstrual kits DfG						
<b>10am</b> Kyra: how to be confident		<b>10.30am</b> Sexual Harm discussion					<b>10am</b> Iyengar Yoga <hr/> <b>10am</b> Art of living & dying	
	<b>11am</b> Bike Ride to Moorlands <hr/> <b>11am 2-30</b> Just Relax	<b>11.30am</b> Suffragettes in York- talk	<b>11am</b> Powerful Women: Histories	<b>11am</b> Tasting fair trade Coffee <hr/> <b>11.30pm</b> Suffragettes in York- talk	<b>11am</b> Hula Hoop tricks <hr/> <b>11am</b> Powerful Women: Histories		<b>11am</b> Herstory York: 100 inspirational women	
		<b>1pm</b> Suffragettes in York- talk	<b>12noon</b> Suffragettes in York- talk	<b>1pm</b> Suffragettes in York- talk				
<b>2pm</b> Say Owt Poetry			<b>2pm</b> Powerful Women: Histories		<b>2pm</b> Powerful Women: Histories <hr/> <b>2.30pm</b> Women's mental health: chat	<b>2pm</b> Rachael Maskell MP talk	<b>2pm</b> Women on the front line: Creative Resistance <hr/> <b>2pm</b> Real People Theatre: No Kidding	<b>2.30</b> Saudi film: 'Wadja'

Sat 3 <sup>rd</sup>	Sun 4 <sup>th</sup>	Mon 5 <sup>th</sup>	Tues 6 <sup>th</sup>	Wed 7 <sup>th</sup>	Thurs 8 <sup>th</sup>	Fri 9 <sup>th</sup>	Sat 10 <sup>th</sup>	Sun 11 <sup>th</sup>
	3pm Cuddle Workshop		3pm Inner warrior: Kung Fu				3.30pm Truly You: A celebration	
	4pm Freeing the voice		4pm Breathing / Meditation		4pm Walking Tour			
			5.45pm Yoga: mixed session	6pm Body stories poetry/prose <hr/> 6.30pm Time turned around:poetry		6.30pm Sl*t: women's bodies in performance	6.30pm Sl*t: women's bodies in performance	6.30pm Sl*t: women's bodies in performance
7pm Hear my voice <hr/> 7.30pm Femmes Fortissimo! Brass band			7pm York spoken word	7pm Tibet film: 'A mother's son' <hr/> 7.30pm Palestinian women: cultural event	7.30pm Women make noise: words & music	7pm Film: A not so still life <hr/> 7.30pm Real People Theatre: No Kidding		
				8.30pm Burnholme Badminton women's taster				

Later events:

Saturday 17<sup>th</sup> March 2-4pm, Frock for Frok: Clothes & accessories swap

Saturday 21<sup>st</sup> April 9am-4pm, York Women's Conference