

York International Women's Week Events

w: www.yorkwomen.org.uk

e: yorkwomensvoices@gmail.com

PROGRAMME AT A GLANCE

Please check full programme for details of venue, costs, registration, access and – in the light of COVID-19 – cancellations. Details on www.yorkwomen.org.uk.

Early Events

Fairtrade Changing Lives: Women in Cocoa Farming

Storytelling & Q&A.

Thursday 27th February 6pm-8pm

York Spoken Word Poetry & Prose Open Mic

Tuesday 3rd March 7pm-10pm

Creative Resistance

Music and visual arts exploring activism around the globe.

Wednesday 4th March 6.30pm-9.30pm

Whose Honour?

Talk and Workshop on honour in relation to female sexuality.

Thursday 5th March 10am-12noon

Yorkkits Workshop: Making Washable Feminine Hygiene Kits for Girls and Women in Developing Countries

Practical workshop.

Thursday 5th March choose either 10am-2.30pm or 1.30pm-4pm

Kyra Celebrates International Women's Week

A day of activities, learning, and support.

Friday 6th March 10am-4pm

Detention and enforced disappearances in Syria

Joumana Alshtiwi discusses prison conditions in Syria, focusing particularly on the situation of women and her own experience.

Friday 6th March 1pm-2pm

Individual Hour-Long Yoga Lesson

Throughout March time to be arranged as convenient.

Core Programme

Women and Fair Trade: Tasting Divine Chocolate

Made with cocoa from Kuapa Kokoo farmers' co-operative in Ghana.

Saturday 7th March 10am-4pm

Craftivism Across Borders

Knit or crochet squares for a peace blanket.

Saturday 7th March 11am-1pm

Self-Respect and Self-Recognition through Poetry

Workshop for all.

Saturday 7th March 3pm-5pm

What is the Divine Feminine & Divine Masculine?

Talk: Introduction to this concept.

Sunday 8th March 10am-11am

Never Be Stuck! A fun drama workshop with Sue

All welcome from young adults to centenarians!

Sunday 8th March 2pm-4pm

CINEMARTS CAFÉ' presents 'Maiden' (15)

Inspirational film about first all-female crew in the Whitbread Round World Yacht Race.

Sunday 8th March doors open 5pm, film 5.45pm

Oriental Dance – Where West Meets East

Talk and workshop.

Monday 9th March 7.30pm-9.30pm

Women, York and the Environment

Networking and Talk.

Tuesday 10th March info sharing 4pm-5.45pm; talk 4.30pm

Yoga Lesson

Tuesday 10th March 5.45pm-6.45pm

In This Together

Yvie Holder invites you to an evening of tales and poems

Tuesday 10th March 7.15pm-8.30pm

Union Jill present 'Sisterhood'

A feminist gig of music and comedy at the Crescent

Tuesday 10th March 7.30pm-11pm

Hula Hula workshop

Wednesday 11th March 9.30am-10.45am

Aerial dance for absolute beginners

Wednesday 11th March 11am-12.15pm

Respecting and Recognising Ourselves (women only)

Workshop of personal exploration and ways to understand ourselves.

Wednesday 11th March 2pm-5pm

Yoga Lesson

Thursday 12th March 10.30am-11.45am

Women of Westminster: An evening with Rachel Reeves MP

(women only) Talk and discussion about history of women in parliament.

Thursday 12th March 6pm-8pm

Respect & Recognition for Women in Politics

(women only) Panel talk from women activists and campaigners.

Thursday 12th March 7pm-9pm

Women and Fair Trade: Tasting Women Farmers' Coffee

Taste percolated organic fair trade coffee from Nicaragua or Peru.

Friday 13th March 10am-4pm

All Change! Open Mic Theatre

Perform your work or just listen and discuss issues around climate change.

Friday 13th March 7pm-9pm

Iyengar Yoga for UK Friends of Khwendo Kor

Beginners and those with some yoga experience welcome.

Saturday 14th March 10am-11.30am

Wellbeing for All Women? Can we have integrated healthcare that includes complementary therapies?

Talk and Discussion

Saturday 14th March 1.30pm-3pm

A Frock for FROK clothes swop

Exchange clothes and accessories, watch an info film.

Saturday 14th March 2pm-4pm

Women for the Environment – cancelled

Information and planting (outside, check weather).

Saturday 14th March 2pm-4pm

All Change! Open Mic Theatre

Perform your work or just listen and discuss issues around climate change.

Saturday 14th March 2pm-4pm

Pregnant Then Screwed Live – cancelled

UK festival of motherhood and work – talks and discussion.

Sunday 15th March 9.30am-4.30pm

Menopause Matters!

Talks, discussion and food.

Sunday 15th March 11am-1pm

Strong Yorkshire Women

Three readings from authors about three local women.

Sunday 15th March 1.30pm-3.30pm

Later Events

Awareness Through Movement-a mind-body workshop

(women only) Easy-going, pleasurable movement for all women.

Saturday 21st March 3pm-5pm

York Women's Conference (women only) **-cancelled**

Women Power York: Collective Voices & Action for Equality.

Talks, workshops, discussion: Should there be a 'Womanifesto' for York?

Sunday 22nd March 2pm-5pm

Femmes Fortissimo Concert – cancelled

All-women brass band, inspired by music from Aretha Franklin to the Spice

Girls. **Saturday 28th March** 7.30pm-9.30pm

Please check full programme for details of venue, costs, registration, access and – in the light of COVID-19 – cancellations. Details on www.yorkwomen.org.uk.