



Supported by:



2-10 MARCH 2019

York International Women's Week
Making **all** women's voices heard

#YIWW2019 @yorkwomen www.yorkwomen.org.uk

Welcome to York International Women's Week 2019 .

We are proud there is once again a full programme of talks, workshops, performances and other events, intended to make ALL women's voices heard throughout our city and beyond.

The idea of an annual 'Women's Day' emerged from an international conference in Europe of working women in 1910 at which Clara Zetkin proposed that there should be a day that combined celebration of women with action to improve their working conditions, bring about equal pay and ensure their voting rights. Much has been achieved but the struggle continues! The #MeToo movement of 'women speaking out' that was started in 2006 by Tarana Burke continues to highlight the extensiveness of sexual harassment and abuse. Women remain the most likely targets of domestic violence. The #TimesUp movement addresses inequality. Gender discrimination in the pay packet is at last being tackled but there's a long way to go. And it is women – especially disabled women and women from minority ethnic groups – who have been disproportionately affected by austerity. Sadly, such experiences are all too familiar to women across the world. For YIWW 2019, we are facing an uncertain future during which economic hardship in particular is in further prospect, making life harder for women. Now more than ever we need to draw on our resilience and take care of ourselves and look out for each other.

We hope you enjoy the programme and get involved, celebrate ALL women's worth and stand up for ALL women's rights!

YIWW 2019 Organising Group

When we speak we are afraid our words will not be heard or welcomed.
But when we are silent, we are still afraid. So it is better to speak.
Audre Lorde, 'The Black Unicorn' 1978.

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University of York Centre for Women's Studies (CWS)

The Centre for Women's Studies (CWS) was established at the University of York in 1984. It has grown into a world-leading centre for the study of women and gender, offering innovative teaching across the humanities and social sciences, linking theory in imaginative ways to current affairs and politics. CWS offers postgraduate Diplomas, MAs, and PhDs and welcomes students from many countries as well as from York and the rest of Europe. Students normally have a 2:1 in their first degree, but we take relevant experience into account.

More info: w: <https://www.york.ac.uk/womens-studies>; e: cws@york.ac.uk;
t: 01904 323671.

Everyone welcome to our YIWW international event on 2nd March at EXPLORE and to talks at the University a few times a term; more details via the contact details above.



In April 2017, York was declared the UK's first Human Rights City. Its Declaration commits to promote human rights in decision making, to ensure all residents' human rights are respected, and to encourage awareness and debate about human rights.

To read more about what is happening in the city and to sign up for regular notices, visit www.yorkhumanrights.org; fb: @YorkHumanRightsCity; twitter: @YorkHumanRights.

WELCOME TO YORK INTERNATIONAL WOMEN'S WEEK PROGRAMME 2019

EARLIER EVENTS

EVENT	RESILIENCE
WHEN	Friday 1st March 19.30 - 21.30 (repeats on 2 nd March)
WHERE	Quad South Hall, York St John University, Lord Mayor's Walk, York YO31 7EX
COST	£6 (£5 concessions). Tickets available on the door.
DESCRIPTION	Resilience is what we all need in today's world. Everything is changing so fast and every day seems crammed with new choices and challenges, crises and opportunities. Yet life goes on. How do we do it? Our show will include stories, poetry, music, images, interactive scenes and audience discussion. Join in an exploration of resilience on a personal, environmental and global level. As Tigger might say: "How well can we bounce!" All welcome.
ACCESS	Wheelchair accessible, accessible toilets
ORGANISER	Sue Lister - ☎ 01904 488870 www.realpeopletheatre.co.uk

SATURDAY 2ND MARCH

EVENT	HERSTORY YORK EXHIBITION
WHEN	2nd – 8th March 09.00 – 17.00 – <i>weekdays only</i>
WHERE	Entrance Foyer, City of York Council, West Offices, Station Rise, York, YO1 6GA
COST	FREE
DESCRIPTION	HERSTORY.YORK aims to tell the untold (or not sufficiently told) stories of 100 women 'Change Makers' active in York between 1918 and 2018 - women who have inspired others, challenged the status quo, and changed society for the better.
ACCESS	Step free access; accessible toilets
ORGANISER	email: herstory.york@gmail.com

"When you've worked hard, and done well, and walked through that doorway of opportunity, you do not slam it shut behind you. You reach back and you give other folks the same chances that helped you succeed"

Michelle Obama

All event details correct at time of going to press, including disabled access. For up-to-date programme, see yorkwomen.org.uk. Events described as 'women-only' are for those who self identify as women. All feedback welcome.

EVENT	TELLING FEMINIST STORIES: RESEARCH AND ACTIVISM
WHEN	Saturday 2nd March 12.15 – 16.30
WHERE	York Explore, Library Square, Museum Street, York, YO1 7DS
COST	FREE - book via https://telling-feminist-stories-2019.eventbrite.com or tickets on the door depending on availability
DESCRIPTION	Welcome to an afternoon of short talks about women's lives locally and globally, from York's Centre for Women's Studies. Hear about Algerian girl YouTubers, Chinese older women street dancing, beauty ideals in Malaysia, Thailand & UK, #MeToo in the US, gender-based violence, masculinities, work issues for Chinese & Nigerian women, menstruation in Kenya & UK; and end by sharing what feminism means to us all. Programme available by eventbrite, phone or email.
ACCESS	Step-free access and accessible toilets. Hearing loop. Limited free disabled parking.
ORGANISER	Jamie Khoo & Ann Kaloski, Centre for Women's Studies, University of York - email: jpfk500@york.ac.uk ; ☎ 01904 323671

"By voice, I don't mean only literal voice – the sound produced by the vocal chords in the ears of others – but the ability to speak up, to participate, to experience oneself and be experienced as a free person with rights. This includes the right not to speak, whether it's the right against being tortured to confess, as political prisoners are, or not to be expected to service strangers who approach you, as some men do to young women, demanding attention and flattery and punishing their absence."

Mary Beard

EVENT	WOMEN'S HOMEOPATHIC DROP-IN CLINIC - WOMEN ONLY
WHEN	Saturday 2nd March 14.00 – 15.00
WHERE	The Healing Clinic, 14 Merchants Place, Merchantgate, York YO1 9TU
COST	FREE
DESCRIPTION	We will be explaining the new Drop - In being set up for acute ailments for women who could not normally afford to attend the Healing Clinic for treatments. Women's ailments are often dismissed and belittled when they present them or talk about them. Doctors often have not enough time to listen. Here women will be fully listened to, and helped according to what they are saying - not what an expert has decided is wrong with them. Do come along and ask any questions you may have.
ACCESS	Wheelchair accessible, accessible toilet, children welcome
ORGANISER	The Healing Clinic – email: enquiries@thehealingclinic.co.uk ; ☎ 01904 679868

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EVENT	WOMEN AND CLIMATE CHANGE: EMPOWERING SOLUTIONS WORKSHOP - WOMEN ONLY
WHEN	Saturday 2nd March 14.00 – 16.00
WHERE	The Healing Clinic, 14 Merchants Place, Merchantgate, York, YO1 9TU
COST	FREE, but donations appreciated for The Healing Clinic’s outreach supporting women refugees. Places limited so please email klockworks@btinternet.com to confirm attendance. Entry on the day subject to availability.
DESCRIPTION	What are the top solutions to tackling climate change – and why do women play such an important role in them? This workshop takes an overview of how women are affected by climate change and how female empowerment is central to addressing the biggest challenge facing humanity today. The solutions-focused workshop will be followed by an open discussion and chance to talk informally with other women and climate experts. Refreshments will be provided.
ACCESS	Wheelchair accessible; accessible toilet.
ORGANISER	Kate Lock - email: klockworks@btinternet.com ☎ 07792 633984

EVENT	RESILIENCE
WHEN	Saturday 2nd March 14.00 – 16.00 (also on 1 st March)
WHERE	Quad South Hall, York St John University, Lord Mayor's Walk, York YO31 7EX
COST	£6 (£5 concessions). Tickets available on the door.
DESCRIPTION	Resilience is what we all need in today’s world. Everything is changing so fast and every day seems crammed with new choices and challenges, crises and opportunities. Yet life goes on. How do we do it? Our show will include stories, poetry, music, images, interactive scenes and audience discussion. Join in an exploration of resilience on a personal, environmental and global level. As Tigger might say: “How well can we bounce!” All welcome.
ACCESS	Wheelchair accessible, accessible toilets
ORGANISER	Sue Lister ☎ 01904 488870 www.realpeopletheatre.co.uk

*“I’d tell her to speak up, tell her to shout out,
Talk a bit louder, be a bit prouder,
Tell her she’s beautiful, wonderful,
Everything she doesn’t see”
Little Mix*

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EVENT	SAY OWT WOMEN WRITERS WORKSHOP #1 - WOMEN ONLY
WHEN	Saturday 2nd March 14.00 – 17.00 (also 9 th March: women can attend either or both)
WHERE	Miller’s Yard, Gillygate, York, YO31 7EB
COST	FREE
DESCRIPTION	Writing exercises, discussion and sharing in a supportive safe space. Fun and friendly sessions for all levels to guide you through creating and performing your own performance poetry. Led by experienced workshop facilitator, theatre-maker and multi-slam winning poet Hannah Davies, Associate Artist at Say Owt.
ACCESS	Step-free access
ORGANISER	email: info@sayowt.co.uk ; ☎ 07912 415526

“I can’t keep quiet, oh/ A one woman riot”
MILCK

SUNDAY 3RD MARCH

EVENT	A GENTLE HUG FOR THE SOUL: WOMEN ONLY WORKSHOP
WHEN	Sunday 3rd March 10.00 - 12.00
WHERE	The Healing Clinic, 14 Merchants Place, Merchantgate, York, YO1 9TU
COST	£5 – Tickets available in advance via eventbrite - https://www.eventbrite.co.uk/e/a-gentle-hug-for-the-soul-workshop-tickets-55239126715 or on the door depending on availability. Any profits to IDAS
DESCRIPTION	If you feel as though you need a bit of love, care and time to yourself then this workshop is for you. Lindsay will teach you several simple and FREE tools to help you look after yourself in this busy world. The workshop will begin with a gentle meditation and end with a gentle meditation. Having gone through a bereavement and a divorce, Lindsay had to put some of these tools into practice herself and is now sharing them with others.
ACCESS	Wheelchair accessible; accessible toilet.
ORGANISER	Lindsay Coldrick - www.nrghealing.co.uk ; email: nrghealingyork@gmail.com ; www.facebook.com/NRGHealing ; ☎ 07906 156568.

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MONDAY 4TH MARCH

EVENT	WOMEN & FAIR TRADE: TASTING PREMIUM ORGANIC COFFEE
WHEN	Monday 4th March 10.00 – 14.00
WHERE	Fairer World fair trade shop, 84 Gillygate, York, YO31 7EQ
COST	FREE
DESCRIPTION	Tasting percolated organic fair trade coffee grown by women farmers in Nicaragua or Peru and supplied through women farmers' co-operatives. These co-ops improve the status of all women in machismo societies by demonstrating that women farmers can successfully conduct their affairs despite the disadvantages of poor access to education etc, disadvantages rectified by the activities of the co-operatives themselves.
ACCESS	Wheelchair accessible; no public toilet.
ORGANISER	Moira Bridge - email: fairerwrld@aol.com ; ☎ 01904 655116

*“Step out of the history that is holding you back.
Step into the new story you are willing to create”
Oprah Winfrey*

EVENT	THE ART OF LIVING AND DYING - INFORMATION & TALKS
WHEN	Monday 4th March 10.00 – 19.00
WHERE	Folk Hall, Hawthorn Terrace, New Earswick YO32 4AQ
COST	FREE yet donations welcome in aid of Kyra Women's Project
DESCRIPTION	An inclusive, friendly group of women. Everyone Welcome! Information stand open from 10am to 7pm. Talks as follows: 10.00: Making Keepsake Art: Sarah from Winifred Taylor 11.15: Soul Midwifery: Sylvia Wagner-Bottomer, Companion to the Dying 12.30: Humanist Ceremonies: Julie Kay, Funerals, Weddings & Namings 2.00: Ideal Living: Anne Wyn-Jones, Home Organisation & Moving Home 3.15: Last Wishes Funerals: Chris Dudzinka, Alternative & Independent Funeral Director
ACCESS	Wheelchair accessible; lift; hearing loop; accessible toilet. Café with vegetarian and gluten-free options.
ORGANISER	Email questions to Julie Kay: julie.kay@humanistceremonies.org.uk Or call Chris Dudzinka ☎ 01653 627 170 / 07824 639244

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TUESDAY 5TH MARCH

EVENT	WOMEN & FAIR TRADE: TASTING ESWATINI SPREADS
WHEN	Tuesday 5th March 10.00 – 14.00
WHERE	Fairer World, 84 Gillygate, York, YO31 7EQ
COST	FREE
DESCRIPTION	Tasting Eswatini jams, marmalade and chutney made in Eswatini (formerly Swaziland). All these products are made from fruit and vegetables locally grown by members of the Woman Farmer Foundation, an organisation of 2,000 women farmers providing a sustainable livelihood through agriculture for rural women, challenging the situation of women in African societies being generally sidelined in community development and decision making.
ACCESS	Wheelchair accessible; no public toilet
ORGANISER	Moira Bridge - email: fairerwrld@aol.com ; ☎ 01904 655116

I'm here [at the women's march] because my religion motivates me to fight for equality, for justice and for peace. I'm here to help build on the legacy of the suffragettes, to build a movement that is inclusive of black feminists, of working-class feminists and of faith-inspired feminists. I'm simply saying either we fight for all, or we all fall"

Faeza Vaid

EVENT	"CARRY GREENHAM HOME" - FREE FILM SCREENING
WHEN	Tuesday 5th March 19.00 – 21.30
WHERE	Penn Room, Friargate Quaker Meeting House, Lower Friargate, York, YO1 9RL
COST	FREE, but donations welcome. Tickets available in advance from yorkshirecnd.org.uk/carrygreenhamhome and on the door subject to availability.
DESCRIPTION	A film screening of "Carry Greenham Home", with a chance for women who took part in Greenham Common protest camps to share their memories, and for everyone to discuss current campaigns against nuclear weapons. Greenham Common was an exciting time for women's protest. The legacy can still be seen today at the protests at nearby Menwith Hill and in the adoption of the UN Global Ban Treaty. This event is a chance to find out all about this and more.
ACCESS	Wheelchair accessible, accessible toilet.
ORGANISER	email: rachel@yorkshirecnd.org.uk ; ☎ 07845 159156

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EVENT	YORK SPOKEN WORD IWW EDITION
WHEN	Tuesday 5th March 19.00 – 22.00
WHERE	The Exhibition Pub & Hotel, Gillygate, York YO30 7BW
COST	FREE
DESCRIPTION	Come let your voice be heard! York Spoken Word Poetry & Prose open mic is FREE and welcomes newcomers and seasoned performers alike. Signup on the night for a 5min slot: you can change your mind when I call your name; or decide after seeing what it's about to read after all! Read your own words or those of your favourite author. Our 14th IWW session. All ages join us every month. In the conservatory.
ACCESS	Level entry, wheelchair accessible
ORGANISER	Rose Drew – email: yorkspokenword@yahoo.co.uk; ☎ 07914 271871

*"I know I'm stronger in the songs than I really am.
Sometimes I need to hear it myself.
We all need to hear those empowering songs to remind us"*
Beyoncé

EVENT	LOUD AND CLEAR WITH THE BARBERELLAS
WHEN	Tuesday 5 March 20.00 – 21.30
WHERE	South Bank Social Club, Ovington Terrace, York YO23 1DJ
COST	FREE - Donations on the door for Kyra Women's Project
DESCRIPTION	Join York's most eclectic female vocal quintet for an informal evening of acappella singing as part of York International Women's Week 2019. Bringing you songs of women from all around the world in five-part harmony – from folk to barbershop, love songs to protest songs there's something for everyone.
ACCESS	Unfortunately no details currently available but check with organisers
ORGANISER	The Barberellas - https://thebarberellas.wixsite.com/home ; ☎ 07769665166

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WEDNESDAY 6TH MARCH

EVENT	WOMEN & FAIR TRADE: TASTING DIVINE CHOCOLATE
WHEN	Wednesday 6th March 10.00 – 14.00
WHERE	Fairer World, 84 Gillygate, York, YO31 7EQ
COST	FREE
DESCRIPTION	Empowering women cocoa farmers. Tasting Divine chocolate made with cocoa from Kuapa Kokoo cocoa farmers' co-operative in Ghana. Both organisations work to empower women - achieved by ensuring women have equal access to training / education, giving them unprecedented opportunities to speak about their lives around the world, with literacy and numeracy programmes arranged to give women the skills and confidence to stand up and be heard.
ACCESS	Wheelchair accessible; no public toilet
ORGANISER	Moira Bridge - email: fairerwrld@aol.com ; ☎ 01904 655116

EVENT	HOW WOMEN ARE BANNING NUCLEAR WEAPONS
WHEN	Wednesday 6th March 18.00 – 20.00
WHERE	Clementhorpe Room, Priory St Centre, York YO1 6ET
COST	FREE, but donations welcome. Tickets available in advance from yorkshirecnd.org.uk/womenandtheTPNW and on the door subject to availability.
DESCRIPTION	It is an exciting time, as a UN nuclear weapons global ban treaty is open for signatures. The treaty, known as the TPNW, outlaws the development, possession or threat to use nuclear weapons. Previously, nuclear weapons were the only weapons of mass destruction without a complete ban, despite their catastrophic humanitarian consequences. Come along to find out about the treaty and women's role in its creation, and hear from fantastic speakers.
ACCESS	Wheelchair accessible; accessible toilets; hearing loop
ORGANISER	Email: rachel@yorkshirecnd.org.uk ; ☎ 07845 159156

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THURSDAY 7TH MARCH

EVENT	'DAYS FOR GIRLS YORK' WORKSHOP – MAKING WASHABLE FEMININE HYGIENE KITS
WHEN	Thursday 7th March – Two sessions to choose from: First session 10.00 - 12.30 or Second session 13.30 – 16.00
WHERE	York Minster, Deangate, York YO1 7HH
COST	Registration fee £2.00 payable on the day. Registration forms from www.tinyurl.com/rotaryya and click on 'Days for Girls York Minster Workshop 2019' OR by post from Days for Girls, York Minster, c/o Church House, 10-14 Ogleforth, York, YO1 7JN
DESCRIPTION	Women working together to make washable Feminine Hygiene kits to help women and girls worldwide to have access to health, education and dignity. EXHIBITION AND INFORMATION ON LOCAL PROJECTS WORKING TO ADDRESS PERIOD POVERTY IN UK IS ALSO PART OF THE PROGRAMME.
ACCESS	Not suitable for young children. Wheelchair accessible, accessible toilets.
ORGANISER	Issy Sanderson, President Rotary York Ainsty: www.tinyurl.com/rotaryya OR email: daysforgirls-york.org.uk

“Great conversations always spark in a genuine interest to recognize and know the other person's story and, therefore, recognizing and understanding and celebrating their humanity”
Janet Mock

EVENT	YORK BIKE BELLES: WALKING BOOK GROUP
WHEN	Thursday 7th March 11.00 – 12.30
WHERE	Meet outside York Explore, Library Square, Museum Street, York, York YO1 7DS
COST	FREE
DESCRIPTION	York Bike Belles Walking Book Group meets each month to walk and talk about books on a theme. The theme for March is Hair/Hares. It allows women to come together in a supportive, friendly and fun environment to express their opinions freely in a non judgmental setting. They learn from each other and exchange ideas through their discussions. We generally conclude with cake!
ACCESS	The walk lasts about 1 hour, with an optional café stop at the end. It is accessible to wheelchair users, accessible toilets available in the library, conversations while walking on a one to one basis.
ORGANISER	York Bike Belles – email: yorkbikebelles@gmail.com ; ☎ 07581 149056

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EVENT	CRAFTY WOMEN IN THE EIGHTEENTH CENTURY
WHEN	Thursday 7th March 18.00 - 19.30
WHERE	Mansion House, St Helen's Square, York, YO1 9QL
COST	£5. Tickets available in advance and on the door subject to availability. https://mansionhousecraftywomen.eventbrite.com
DESCRIPTION	Join us for a drink and evening lecture that will illuminate the world of female craftsmanship in the 18th Century. Dr Chloe Wigston Smith, University of York, will be discussing Hannah Robertson, an interesting character who claimed to be the illegitimate granddaughter of Charles II. Robinson made, taught and wrote a book on crafts providing an escape from the strictures placed on Georgian women and offering creative and financial independence.
ACCESS	Wheelchair accessible, accessible toilets
ORGANISER	Sarah White - email: mansionhouse@york.gov.uk ; ☎ 01904 553663

FRIDAY 8TH MARCH

EVENT	KYRA: EVERY WOMAN HEARD – WOMEN ONLY
WHEN	Friday 8th March 9.30 – 16.00
WHERE	Central Methodist Church, St Saviourgate, York, YO1 8NQ
COST	Donations requested. Tickets available in advance and on the door subject to availability https://www.eventbrite.co.uk/o/kyra-womens-project-15291504456
DESCRIPTION	There is no such thing as a typical Kyra woman. Kyra's event, 'Every Woman Heard' will give York women a chance to see the best of Kyra Women's Project. We will give the floor to women from all walks of life; be inspired by their achievements and celebrate our work with them. Discover activities, stalls, mini-courses, therapy tasters, talks, poetry, fabulous food and many ways to get involved and meet others in a warm and welcoming atmosphere.
ACCESS	Kyra is in an old building with wheelchair access to only some areas. We welcome you to contact us so we can plan how best to meet your needs.
ORGANISER	Email: contact@kyra.org.uk ☎ 01904 632332

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EVENT	SPEAKING UP ABOUT MISOGYNY
WHEN	Friday 8th March 13.30 - 15.30
WHERE	Marriott Room, York Explore, Library Square, Museum Street, York, YO1 7DS
COST	FREE but need to book tickets in advance - https://www.eventbrite.co.uk/e/speaking-up-about-misogyny-tickets-54826481482
DESCRIPTION	Misogyny has been described as the hatred of, contempt for, or prejudice against women - simply because they are women. It shows itself in behaviours including the belittling of women, sexual objectification, sex discrimination, and violence against women. Hear women speakers from North Yorkshire Police (the second Police Force in the country to recognize misogyny as a hate crime), IDAS, and UNISON (your legal rights) - and join us to discuss the issues we face, and how they could be better addressed.
ACCESS	Step-free access and accessible toilets. Hearing loop. Limited free disabled parking.
ORGANISER	Email: womensofficeryork@gmail.com

“To say nothing is saying something. You must denounce things you are against or one might believe that you support things you really do not”

Germany Kent

EVENT	VERSE MATTERS OPEN MIC – WOMEN AND NON-BINARY PEOPLE ONLY
WHEN	Friday 8th March 19.30 - 22.30
WHERE	Micklegate Social, 148 Micklegate, York YO1 6JX
COST	FREE
DESCRIPTION	Verse Matters is an intersectional feminist arts collective based in Sheffield providing a supportive space for poetry, spoken word, story-telling, music and comedy. To celebrate International Women’s Day, Say Owt are bringing Verse Matters to York to host a special open mic for women and non-binary people.
ACCESS	The space is located down a flight of stairs, unfortunately no lift is available.
ORGANISER	Email: info@sayowt.co.uk

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SATURDAY 9TH MARCH

EVENT	WORKSHOP: MAKING WOMEN'S VOICES HEARD THROUGH THE NEW 'POWER THREAT MEANING FRAMEWORK'
WHEN	Saturday 9th March 13.00 - 16.30
WHERE	Briar House Community Wellbeing Centre, 14 Merchants Place, Merchantgate, York, YO1 9TU
COST	FREE
DESCRIPTION	Women are often silenced and disempowered with many finding it difficult to make their voices heard. To forge a more gender-balanced society, we would like to invite you to a workshop on empowering women to create their own narratives in order to make their voices and stories heard through the use of the new 'Power Threat Meaning Framework'
ACCESS	Ground floor; wheelchair accessible; disabled toilet
ORGANISER	Yor Peer Support Mental Health Group - email: yor.peeryork@gmail.com

*"Censor the body and you censor breath and speech at the same time.
Write yourself.
Your body must be heard"
Hélène Cixous*

EVENT	SAY OWT WOMEN WRITERS WORKSHOP #2 – WOMEN ONLY
WHEN	Saturday 9th March 14.00 – 17.00 (also 2 nd March: women can attend either or both)
WHERE	Miller's Yard, Gillygate, York, YO31 7EB.
COST	FREE
DESCRIPTION	Another FREE workshop with a new selection of writing exercises. There will be discussion & sharing about creating & performing your own performance poetry, open to all, from beginners to veterans. Led by experienced workshop facilitator, theatre-maker & multi-slam winning poet Hannah Davies, Associate Artist at Say Owt.
ACCESS	Step-free access
ORGANISER	Email: info@sayowt.co.uk ; ☎ 07912 415526

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EVENT	ON THE FRONT LINE: CREATIVE ACTIVISM
WHEN	Saturday 9th March 14.00 - 16.30
WHERE	The Basement, City Screen Picturehouse, 13-17 Coney St, York YO1 9QL.
COST	FREE
DESCRIPTION	An afternoon of music and visual arts exploring creative activism. Art work and music created and performed by visiting human rights defenders at the Centre for Applied Human Rights, University of York, together with Newcastle-based Afro-Latin percussion and brass duet, Ladies of Midnight Blue. There will be opportunities during the event for Q&A with the activists and artists.
ACCESS	Wheelchair accessible; accessible toilets; www.picturehouses.com/cinema/info/York_Picturehouse#disabled-access
ORGANISER	Email: cahr-admin@york.ac.uk ; ☎ 01904 325830 (9-5, Mon-Fri)

“Women are still treated as secondary issues. It is still far too easy and accepted for leaders to ignore uncomfortable truths... Women, we know, are the first to be affected by war, and the last to be taken into account when it ends”
Angelina Jolie

EVENT	YORK MENOPAUSE CAFÉ
WHEN	Saturday 9th March 14.30 – 16.00
WHERE	The Centre @ Burnholme, Mossdale Avenue, York YO31 0HA
COST	FREE (voluntary donations towards room hire welcome)
DESCRIPTION	Share experiences and questions about the menopause and listen to those of others. Have a cuppa, eat cake, talk menopause. This is not a support group. All welcome: any gender, any age. No need to book, just turn up. Questions? Email yorkmenopausecafe@gmail.com . Menopause Cafes are pop-up events, started in Scotland. Our only agenda is to create conversations about the menopause: no speakers, no promotions. Learn more at www.menopausecafe.net
ACCESS	Wheelchair accessible; accessible toilets; ample free car park
ORGANISER	Email: yorkmenopausecafe@gmail.com

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EVENT	CELEBRATING WOMEN WRITERS
WHEN	Saturday 9th March 14.30 – 17.00
WHERE	True Story Café, Lord Mayors Walk, York YO31 7HA
COST	FREE
DESCRIPTION	Stairwell Books and Fighting Cock Press have given voice to superb femme writers for 10+ yrs, publishing work not picked up by “big presses”. In a relaxed afternoon event at vegan café True Story, we celebrate opportunity and empowerment, with authors reading work, signing books, and discussing success in a (still) largely male publishing world. Featuring a wide range: fiction, short stories, academia, poetry, history, memoirs, children’s literature.
ACCESS	Disabled accessible toilet. Venue has level entry from the rear courtyard.
ORGANISER	Rose Drew and Pauline Kirk – email: rose@stairwellbooks.com ; ☎ 07914 271871

SUNDAY 10TH MARCH

EVENT	THE EMBROIDERY OF PALESTINE: A STITCHING WORKSHOP
WHEN	Sunday 10th March 14.15 - 17.15
WHERE	St Olave's Church Hall , Marygate Lane, York YO30 7DS
COST	FREE. Donations welcome to cover expenses. Booking ahead is strongly advised - https://www.eventbrite.com/e/the-embroidery-of-palestine-illustrated-talk-and-stitching-workshop-tickets-54825929832
DESCRIPTION	Palestinian embroidery, an art form passed down through the generations, connects Palestinians with their heritage. Our event includes an illustrated talk by acclaimed textile artist, Deborah Mullins, an exhibition of Palestinian stitching styles and embroidered artefacts and an opportunity to join a workshop of some basic stitches and techniques. Refreshments available between the talk and workshop.
ACCESS	The event is suitable for all. Venue has wheelchair access and accessible toilet.
ORGANISER	Monica Wusteman - email: mcwusteman@gmail.com

“If you’re one of those people who has that little voice in the back of her mind saying, ‘Maybe I could do [fill in the blank],’ don’t tell it to be quiet. Give it a little room to grow, and try to find an environment it can grow in”

Reese Witherspoon

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LATER EVENTS

EVENT	'A FROCK FOR FROK' - CLOTHES AND ACCESSORIES SWOP
WHEN	Saturday 16th March 14.00 – 16.00
WHERE	Clements Hall, Nunthorpe Rd, York YO23 1BW www.clements hall.org.uk/
COST	£3.00 (includes tea & cake). Tickets available on the door.
DESCRIPTION	Bring minimum 3 items of good quality women's clothes (sized if possible), shoes or accessories. Pay £1 for each 'new' item you take. Jewellery stall; Raffle; Documentaries about the work of Khwendo Kor, a human rights-based organisation in deeply patriarchal NW Pakistan whose core aim is to give all women and girls a voice.
ACCESS	Wheelchair access. Accessible toilets. Hearing loop. Contact us for any other needs.
ORGANISER	UK Friends of Khwendo Kor (FROK) - www.frok.org.uk/ ; ☎ Marilyn /Polly/ Penny 01904 702060/705752/659574

"When the whole world is silent, even one voice becomes powerful"
Malala Yousafzai

EVENT	YOGA TO RELAX AND REVITALISE
WHEN	Sunday 17th March 17.00 – 18.15
WHERE	Clements Hall, Nunthorpe Road, York, YO23 1BW
COST	By donation. Please get in touch to book a place. www.yogaforallork.wordpress.com
DESCRIPTION	A session of gentle supportive Iyengar yoga, to relax and revitalise the mind and body. In solidarity with, and to raise funds for, UK Friends of Khwendo Kor (FROK), which helps women live with dignity and self-reliance in northwest Pakistan. Props are available to help make this yoga accessible to all. All equipment provided. Please wear comfortable clothes and bare feet.
ACCESS	Wheelchair accessible, accessible toilet, hearing loop. Please contact me with any particular needs or to talk about how the yoga can work for you.
ORGANISER	Laura Potts - email: laurapotts@phonecoop.coop ; ☎ 07962 590472

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EVENT	THE WOMEN IN THE ROOM' A TALK BY NAN SLOANE
WHEN	Thursday 21st March 18.00 – 19.30
WHERE	Marriott Room, York Explore, Library Square, Museum Street, York, YO1 7DS
COST	FREE but need to book tickets in advance - https://www.eventbrite.co.uk/e/the-women-in-the-room-in-conversation-with-nan-sloane-tickets-55032160674
DESCRIPTION	Learn about the forgotten story of women in the development of the Labour and trade union movements, the campaign for workers' rights, and the fight against poverty. The great issues that first stirred them – low wages, insecure work, child poverty and gender inequality – remain problems today. Nan Sloane's book 'The Women in the Room' not only shows us how much these women achieved, but reminds us how much we still have to do.
ACCESS	Step-free access and accessible toilets. Hearing loop. Limited free disabled parking.
ORGANISER	Email: womensofficeryork@gmail.com

EVENT	FEMMES FORTISSIMO!
WHEN	Saturday 13th April 19.30 – 21.30
WHERE	The Church of the Holy Redeemer, 108 Boroughbridge Rd, York YO26 6AB
COST	Tickets £10 (under 16s £5) + booking fee (fee applies to pre-booked tickets only). Tickets available in advance - - https://www.eventbrite.co.uk/e/femmes-fortissimo-brass-concert-tickets-54218637404 and on the door subject to availability. Any profits to Kyra and the Lord Mayor's Charities 2019
DESCRIPTION	With its programme of upbeat contemporary and traditional music suitable for all tastes and ages, Femmes Fortissimo was a hit with audiences in 2018 with its theme of making women's voices heard through brass. This is the second concert of Femmes Fortissimo, a group of female brass and percussion players of all abilities, ages and experience that have come together from brass bands and other music groups across Yorkshire for this fabulous concert.
ACCESS	Ground floor venue with low steps at entrance. Ramp provided. Accessible toilet, a unisex toilet and 2 further toilets
ORGANISER	For general enquiries, please use the contact form on our website: https://femmesfortissimo.weebly.com/get-in-touch.html . Ticketing enquiries to Juliet Powell: juliet@choicetherapyork.com , ☎ 07910 237983

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DO YOU KNOW ABOUT YORK WOMEN'S FORUM?

At the York Women's Conference in April 2018, the idea of a non party-political York Women's Forum was born, open to women from all walks of life. So far we've come together face-to-face and through social media to network and to share ideas about campaigning. Results from our recent survey by MA students at the University of York into key issues facing women in York today will be out soon.

It's easy to get involved: sign up for mailings at our website (yorkwomensforum.wordpress.com); find us on facebook (facebook.com/YorkWomensForum); follow us on twitter ([@Yorkwomensforum](https://twitter.com/Yorkwomensforum)); email us yorkwomensforum@gmail.com; or write to us c/o York Human Rights City Network, 6 Innovation Close, Heslington, York YO10 5ZF

Events pre 2nd March: 19.30-21.30 Friday 1st March – Resilience (play)

PROGRAMME AT				
Sat 2nd	Sun 3rd	Mon 4th	Tuesday 5th	Wed 6th
	10.00-12.00 A Gentle Hug for the Soul Workshop*	09.00-17.00 HerStory York Exhibition	09.00-17.00 HerStory York Exhibition	09.00-17.00 HerStory York Exhibition
12.15-16.30 Telling Feminist Stories: Research and Activism		10.00–14.00 Women & Fair Trade: Tasting premium organic coffee	10.00–14.00 Women & Fair Trade: Tasting Eswatini Spreads	10.00–14.00 Women & Fair Trade: Tasting Divine Chocolate
14.00-15.00 Women's Homeopathic drop-in clinic*		10.00–19.00 The Art of Living and Dying - Information & Talks		
14.00-16.00 Women and climate change: empowering solutions*			19.00–21.30 "Carry Greenham Home" - film	
14.00–16.00 Resilience (play)			19.00–22.00 York Spoken Word IWW edition	18.00–20.00 How Women are Banning Nuclear Weapons
14.00–17.00 Say Owt women writers workshop #1 *			20.00-21.30 Loud and Clear with The Barberellas	

- denotes events that are 'women only'

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A GLANCE				
Thursday 7th	Friday 8th	Sat 9th	Sun 10th	NOTES
09.00-17.00 HerStory York Exhibition	09.00-17.00 HerStory York Exhibition			
11.00–12.30 York Bike Belles: Walking Book Group	9.30–16.00 'Kyra: Every woman heard'	13.00-16.30 Making Women's Voices heard through the new 'Power Threat Meaning Framework'		
10.00-12.30 'Days for Girls York' workshop		14.00–17.00 Say Owt women writers workshop #2*		
13.30-16.00 'Days for Girls York' workshop	13.30-15.30 Speaking Up About Misogyny	14.00-16.30 On the Front Line: Creative Activism	14.15-17.15 The Embroidery of Palestine: A Stitching Workshop	
18.00-19.30 Crafty Women in the Eighteenth Century		14.30–16.00 York Menopause Café		
	19.30-22.30 Verse Matters open mic*	14.30–17.00 Celebrating Women Writers		

- denotes events that are 'women only'

Events post 10th March: Saturday 16th March 14.00–16.00 'A frock for FROK' - clothes and accessories swop; Sunday 17th March 17.00–18.15 Yoga to relax and revitalise; Thursday 21st March 18.00–19.30 'The women in the room' a talk by Nan Sloane; Saturday 13th April 19.30–21.30 Femmes Fortissimo! Concert.

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