



# YIWW 2020

7-15 March

York International Women's Week  
**Respect and Recognition**

# WELCOME TO YORK INTERNATIONAL WOMEN'S WEEK 2020

## Respect and Recognition

7<sup>th</sup> to 15<sup>th</sup> March 2020

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We are delighted to once again have a varied and exciting programme of talks, workshops, gigs, performances and other events to promote this year's York theme of 'Respect and Recognition' for all women throughout our city and beyond.

There are different versions of the origins of the idea of holding an annual 'Women's Day' but a key event was a European conference of working women in 1910. There, Clara Zetkin proposed an annual day to celebrate women at the same time as urging action to improve working conditions, bring about equal pay and ensure women's voting rights. Over the years, campaigns to shift attitudes and challenge discrimination on these and other areas such as gender-based violence have achieved much. And there is more to do. Did you know, for example, that globally one new 'child bride' gets married every two seconds? That women are almost twice as likely as men to suffer severe injuries in car crashes because safety features are designed for men? That only six countries in the world – Belgium, Denmark, France, Latvia, Luxembourg and Sweden – give women equal legal work rights as men? That women have been hit far harder than men from austerity? And for women who are disabled or from minority ethnic groups, the effects of gender discrimination are magnified? (See [www.yorkwomen.org.uk](http://www.yorkwomen.org.uk) for details.)

York International Women's Week is about celebrating women too! Respecting all that we have achieved and will achieve and Recognising our unique strengths and attributes.

We hope you enjoy the programme!

YIWW 2020 Planning Group

*"Feminism is a sensible reaction to the injustices of the world."*

*Sara Ahmed, UK-based writer, independent scholar and self-styled feminist killjoy*

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CENTRE FOR WOMEN'S STUDIES




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## PRE PROGRAMME EVENTS



<b>EVENT</b>	<b>Fairtrade Changing Lives: Women in Cocoa Farming</b>
	<p><b>When:</b> 27<sup>th</sup> February   18.00-20.00 Doors open 17.30; sofa session storytelling panel discussion 18.00-19.00; Questions and social conversation 19.00-20.00</p> <p><b>Where:</b> The Spurriergate Centre, St Michaels Chambers, Spurriergate, York YO1 9QR – <a href="http://www.spurriergate.com/">www.spurriergate.com/</a></p> <p><b>Cost:</b> FREE</p> <p><b>Access:</b> Wheelchair access; accessible toilets; no hearing loop</p>
<b>ABOUT</b>	<p>This relaxed sofa session will highlight injustices experienced by women working in the West African cocoa sector and celebrates the women leaders changing that. We will explore how to achieve more opportunities for such women to take leading roles, own land and be recompensed fairly, and hear how the fair trade movement can help fight inequality. Guest speakers include a cocoa producer (subject to visa) courtesy of the Fairtrade Foundation.</p>
<b>ORGANISER</b>	<p>York Fair Trade Forum: ☎ 0791 354 8817 and 01757 617143; <a href="mailto:joanna@fairtradeyork.com">joanna@fairtradeyork.com</a>; <a href="http://www.fairtradeyork.com/">www.fairtradeyork.com/</a></p>

<b>EVENT</b>	<b>York Spoken Word Poetry &amp; Prose Open Mic</b>
	<p><b>When:</b> 3<sup>rd</sup> March   19.00–22.00</p> <p><b>Where:</b> Exhibition Pub, Conservatory, 19 Bootham York YO30 7BW</p> <p><b>Cost:</b> FREE</p> <p><b>Access:</b> Level entry; wheelchair access</p>
<b>ABOUT</b>	<p>York Spoken Word celebrates this year’s theme: Respect and Recognition for Women. Event is free, all ages, newcomers and seasoned pros are welcome. Signup on the night for a 5min slot: you can change your mind when called on or decide, after seeing a few sets, to read after all. Very friendly room. Read your own words or those of a favourite author. Meet in the conservatory. 2020 is our 15th IWW session.</p>
<b>ORGANISER</b>	<p>York Spoken Word: Rose Drew, ☎ 07914271871; <a href="http://www.yorkspokenword.org.uk">www.yorkspokenword.org.uk</a></p>



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<b>EVENT</b>	<b>Creative Resistance</b>
	<p><b>When:</b> 4<sup>th</sup> March   18.30–21.30</p> <p><b>Where:</b> Friargate Theatre, Lower Friargate, York, YO1 9SL</p> <p><b>Cost:</b> FREE</p> <p><b>Access:</b> Step free access to ground floor (where the event will take place); hearing loop</p>
<b>ABOUT</b>	An evening of music and visual arts exploring what activism means for female human rights defenders working across the globe. Art works and music have been created by visiting human rights defenders at the Centre for Applied Human Rights, together with Newcastle based Afro-Latin percussion & brass duet Ladies of Midnight Blue. There will be an opportunity for Q&A with the activists and artists.
<b>ORGANISER</b>	Centre for Applied Human Rights, University of York: Sanna Eriksson ☎ 01904 325830; <a href="mailto:sanna.eriksson@york.ac.uk">sanna.eriksson@york.ac.uk</a> ; <a href="http://www.york.ac.uk/cahr/">www.york.ac.uk/cahr/</a>

*“You should never be surprised when someone treats you with respect.  
You should expect it.”  
Sarah Dessen, US novelist*


<b>EVENT</b>	<b>Yorkkits Workshop: Making Washable Feminine Hygiene Kits for Girls and Women in Developing Countries</b>
  	<p><b>When:</b> 5<sup>th</sup> March   10.00–16.00 Choice of 2 sessions:10.00-12.30 or 13.30-16.00</p> <p><b>Where:</b> York Minster, Deangate, York YO1 7HH</p> <p><b>Cost:</b> £3 payable at the door. Preferably book by 24<sup>th</sup> Feb. Registration form available from <a href="http://www.yorkwomen.org.uk">www.yorkwomen.org.uk</a> or email <a href="mailto:yorkkitsrotaryainsty@gmail.com">yorkkitsrotaryainsty@gmail.com</a> or York Minster, Church House, 10-14 Ogleforth, York YO1 7JN. All ‘profits’ support our work</p> <p><b>Access:</b> Wheelchair accessible; accessible toilet; no hearing loop</p>
<b>ABOUT</b>	Formerly known as 'Days for Girls' and now 'Yorkkits'. Women working together to make washable Feminine Hygiene kits to help women and girls worldwide to have access to health, education and dignity.
<b>ORGANISER</b>	Yorkkits: supported by Rotary York Ainsty: <a href="http://www.tinyurl.com/rotaryya">www.tinyurl.com/rotaryya</a> . Organiser: Issy Sanderson - <a href="mailto:yorkkitsrotaryainsty@gmail.com">yorkkitsrotaryainsty@gmail.com</a>

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<b>EVENT</b>	<b>Whose Honour?</b>
	<p><b>When:</b> 5<sup>th</sup> March   10.00–12.00</p> <p><b>Where:</b> Marriott Room, York Explore Library, Library Square, Museum Street, York, YO1 7DS</p> <p><b>Cost:</b> By donation to cover cost of venue only</p> <p><b>Access:</b> Wheelchair accessible; accessible toilets; hearing loop; limited free disabled parking on forecourt</p>
<b>ABOUT</b>	<p>The concept of honour in relation to a female's sexuality is an alien concept for many; however, it can become a question of life or death. Even before birth, limitations are imposed on women and girls and which continue throughout their lives, often with terrible consequences for those who dare to challenge unacceptable patriarchal norms and practices. This workshop is open to all, and aims to raise awareness of the specific issues related to honour killings and honour violence. It focuses on who are the owners of "honour" and who are the maintainers. Highly interactive, this workshop will challenge stereotypes, and dispel the myths surrounding this abuse.</p>
<b>ORGANISER</b>	<p>Mussurut Zia, Centre for Women's Studies, University of York:   01904 323671; cws@york.ac.uk</p>

<b>EVENT</b>	<b>Kyra Celebrates International Women's Week</b>
	<p><b>When:</b> 6<sup>th</sup> March   10.00–16.00</p> <p><b>Where:</b> Kyra Women's Project, The CMC St Saviourgate, York YO18NQ</p> <p><b>Cost:</b> 50p entrance</p> <p><b>Access:</b> Wheelchair accessible; accessible toilets; hearing loop available for presentations</p>
<b>ABOUT</b>	<p>Join us for Kyra's International Women's Day celebration: a day of activities, learning, and support. There will be a marketplace of stalls, inspirational speakers, and creative activities to engage and inspire women of all ages and stages of life. Come by to have some fun, meet new people and learn more about the work Kyra does and the support that is available for women in York and surrounding area.</p>
<b>ORGANISER</b>	<p>Kyra Women's Project:  01904 632332; <a href="mailto:contact@kyra.org.uk">contact@kyra.org.uk</a>;  <a href="http://www.kyra.org.uk">www.kyra.org.uk</a>; <a href="https://www.facebook.com">https://www.facebook.com</a></p>

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<b>EVENT</b>	<b>Detention and enforced disappearances in Syria</b>
	<p><b>When:</b> 6<sup>th</sup> March   13.00–14.00</p> <p><b>Where:</b> Room ARC/014, Alcuin Research Resource Centre, University of York, YO10 5DD</p> <p><b>Cost:</b> FREE but prior booking required – <a href="https://www.york.ac.uk/news-and-events/events/public-lectures/spring-2020/detention-syria/">https://www.york.ac.uk/news-and-events/events/public-lectures/spring-2020/detention-syria/</a></p> <p><b>Access:</b> Step free access; accessible toilets; no hearing loop</p>
<b>ABOUT</b>	<p>Since 2011, the Syrian government has used enforced disappearances and torture as part of a systematic attack against the civilian population and the opposition. At least 98,000 persons have been forcibly disappeared since March 2011, according to the latest report by the Syrian Network for Human Rights. As a previous detainee, the speaker <b>Joumana Alshtiwi</b> will discuss prison conditions in Syria, focusing particularly on the situation of women. She will discuss her own experience of 10 months in detention as well as more recent cases, supported by evidence from human rights organisations and individuals working on the ground.</p>
<b>ORGANISER</b>	Centre for Applied Human Rights, University of York: ☎ 01904 325830; CAHR-admin@york.ac.uk; <a href="http://www.york.ac.uk/cahr/">www.york.ac.uk/cahr/</a>

<b>EVENT</b>	<b>Individual Hour Long Yoga Lesson in March</b>
	<p><b>When:</b> Throughout March</p> <p><b>Where:</b> 24 Grange St York YO10 4BH</p> <p><b>Cost:</b> £30 (discounted from £45) – profits to IDAS (Independent Domestic Abuse Service) <a href="http://www.idas.org.uk/">www.idas.org.uk/</a></p> <p><b>Access:</b> The house is not wheelchair accessible; no hearing loop</p>
<b>ABOUT</b>	<p>Want to heal by doing yoga, or learn a home exercise plan? A personal lesson with Anna Semlyen, an experienced yoga teacher can show you which practices suit your needs. Anna is a back care expert (Yoga for Healthy Lower Backs author) and has studied healing, Ayurveda, mental health, and falls prevention.</p>
<b>ORGANISER</b>	Anna Semlyen BWY Dip, Yoga in York: ☎ 07891 989310; <a href="http://www.yogainyork.co.uk/">www.yogainyork.co.uk</a> ; <a href="mailto:anna@yogainyork.co.uk">anna@yogainyork.co.uk</a>


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## PROGRAMME EVENTS


### SATURDAY 7<sup>TH</sup> MARCH

<b>EVENT</b>	<b>Women and Fair Trade: Tasting Divine Chocolate</b>
	<p><b>When:</b> 7<sup>th</sup> March   10.00–16.00</p> <p><b>Where:</b> Fairer World shop, 84 Gillygate, York YO31 7EQ</p> <p><b>Cost:</b> FREE</p> <p><b>Access:</b> Wheelchair accessible; no public toilet; no hearing loop</p>
<b>ABOUT</b>	Tasting Divine chocolate made with cocoa from Kuapa Kokoo farmers' co-operative in Ghana. Both organisations work to empower women by ensuring women have equal access to training / education, giving them opportunities to speak and act in their communities. Literacy and numeracy programmes are arranged to give women skills and confidence.
<b>ORGANISER</b>	Fairer World shop, 84 Gillygate, York, YO31 7EQ: ☎ 01904 655116; email <a href="mailto:fairerwrld@aol.com">fairerwrld@aol.com</a>

*I hate to hear you talk about all women as if they were fine ladies instead of rational creatures. None of us want to be in calm waters all our lives."*  
*Jane Austen, 1775-1817, English novelist*


<b>EVENT</b>	<b>Craftivism Across Borders</b>
	<p><b>When:</b> 7<sup>th</sup> March   11.00–13.00</p> <p><b>Where:</b> The Forum, Constantine College, University of York, YO10 5FQ</p> <p><b>Cost:</b> FREE – participants are asked to bring their own yarn &amp; needles</p> <p><b>Access:</b> The workshop is reached via one flight of stairs (no lift); no hearing loop.</p>
<b>ABOUT</b>	This activity aims to recognise and respect women living near or in battlefields and refugee camps. All attendees will knit/crochet one or more squares which will be joined together to form the 'blanket of universal security.' The finished blanket will be gifted to the Centre for Women Studies as a reminder of our need to take collective action and our continued commitment to global peace. By making a square, you commit to doing your bit to promote equality, justice and respect in this world.
<b>ORGANISER</b>	Rumana Mehdi: ☎ 07450 303874; <a href="mailto:srm561@york.ac.uk">srm561@york.ac.uk</a> / Centre for Women's Studies, University of York: ☎ 01904 323671; <a href="mailto:cws@york.ac.uk">cws@york.ac.uk</a>

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<b>EVENT</b>	<b>Self-Respect and Self-Recognition through Poetry</b>
	<p><b>When:</b> 7<sup>th</sup> March   15.00–17.00</p> <p><b>Where:</b> York City Centre – venue and registration details to be confirmed on <a href="https://tinyurl.com/YIWW20poetry">https://tinyurl.com/YIWW20poetry</a></p> <p><b>Cost:</b> FREE</p> <p><b>Access:</b> To be confirmed, see above</p>
<b>ABOUT</b>	Join us in exploring the power of poetry, in a safe and inclusive environment. Together we will create a dynamic space for self-expression and creativity to seek out our individual voices, engaging with the themes of self-respect and self-recognition. Be ready to be inspired!
<b>ORGANISER</b>	Abby Cook, Centre for Women’s Studies, University of York: <a href="mailto:ajc646@york.ac.uk">ajc646@york.ac.uk</a> .


*“We are volcanoes. When we women offer our experiences as our truth, as human truth, all the maps change. There are new mountains.”*  
Ursula K Le Guin, 1929-2018, US author

## SUNDAY 8TH MARCH


<b>EVENT</b>	<b>What is the Divine Feminine &amp; Divine Masculine?</b>
	<p><b>When:</b> 8<sup>th</sup> March   10.00–11.00</p> <p><b>Where:</b> Wellbeing in York, Raylor Centre, James Street, York YO10 3DW</p> <p><b>Cost:</b> £5 per person; any profits to IDAS (Independent Domestic Abuse Service) <a href="http://www.idas.org.uk/">www.idas.org.uk/</a></p> <p><b>Access:</b> Wheelchair access; accessible toilets; no hearing loop</p>
<b>ABOUT</b>	What is the Divine Feminine & the Divine Masculine? Why do you need to know what they are? How do we integrate them? Having experienced myself the blending of both and respecting and recognising both qualities within myself, in this talk I want to share this with others. This is an introduction to how we do this and what it means.
<b>ORGANISER</b>	Lindsay Banks: ☎ 07906156568; <a href="mailto:lindsaybanks111@gmail.com">lindsaybanks111@gmail.com</a> ; <a href="http://www.lindsaybanks.uk">www.lindsaybanks.uk</a>

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<b>EVENT</b>	<b>Never Be Stuck! A fun drama workshop with Sue</b>
	<p><b>When:</b> 8<sup>th</sup> March   14.00–16.00</p> <p><b>Where:</b> SPARK York, 17-21 Piccadilly, York YO1 9PB</p> <p><b>Cost:</b> By donation; any profits to Real People Theatre charity</p> <p><b>Access:</b> Accessible toilets; outside lift</p>
<b>ABOUT</b>	Life is one long improvisation – you never know what is going to happen next, you just have to deal with it. Build confidence and creativity through a fun drama workshop with Sue Lister. Enjoy a safe and supportive atmosphere where there is no right or wrong and all contributions are respected. All welcome from young adults to centenarians! Phone Sue to have a chat.
<b>ORGANISER</b>	Real People Theatre: Sue Lister ☎ 01904 488870; <a href="http://www.realpeopletheatre.co.uk">www.realpeopletheatre.co.uk</a> . Please let Sue know if you are coming

*“...Certain people find women ‘obstreperous’ when they would not find the same behaviour from a man obstreperous. They’d just call them determined or authoritative.”*  
*Lady Brenda Hale, recently retired President of the UK Supreme Court. Her coat of arms “Omnia Feminae Aequissimae” means “Women are equal to everything”*

<b>EVENT</b>	<b>CINEMARTS CAFÉ presents “MAIDEN” ( 15 )</b>
	<p><b>When:</b> 8<sup>th</sup> March   doors open 17.00 for drinks &amp; socializing, film 17.45</p> <p><b>Where:</b> Bison Coffee Shop, 17 Heslington Road, York YO10 5AR <a href="http://www.bisoncoffee.co.uk/">www.bisoncoffee.co.uk/</a></p> <p><b>Cost:</b> £6.50 + any booking fee (see <a href="http://www.cinemarts.co.uk">www.cinemarts.co.uk</a>). Profits to YIWW 2021</p> <p><b>Access:</b> Film will be shown on the first floor but an additional monitor can be sited on ground floor, which is wheelchair accessible, <i>on request</i>. Please contact John to discuss your needs. Note: no on-site accessible toilet or hearing loop.</p>
<b>ABOUT</b>	“Maiden” is the inspirational story of how Tracy Edwards, a 24 year old cook on charter boats, became the skipper of the first ever All Female Crew to enter the Whitbread Round World Yacht Race in 1989. An unmissable celebration of women’s achievement against the odds!
<b>ORGANISER</b>	John Beecroft, CinemArts Ltd: ☎ 07913 756230; <a href="http://www.cinemarts.co.uk">www.cinemarts.co.uk</a> ; <a href="https://www.facebook.com/cinemartsltd">www.facebook.com/cinemartsltd</a> ; <a href="mailto:cinem@live.co.uk">cinem@live.co.uk</a>

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## MONDAY 9<sup>TH</sup> MARCH

<b>EVENT</b>	<b>Oriental Dance – Where West Meets East</b>
	<b>When:</b> 9 <sup>th</sup> March   19.30–21.30 <b>Where:</b> The Winning Post, 127-129 Bishopthorpe Rd, York YO23 1NZ – ☎ 01904 625228 <b>Cost:</b> FREE <b>Access:</b> Steps into the building; mobile ramp available on request; accessible toilet; no hearing loop
<b>ABOUT</b>	A talk exploring Oriental dance (belly dance) with dancer Jane Wass. The attitude towards women dancing in the UK is different from that in North Africa and Arabic countries where belly dance is seen as haram – forbidden. Our freedom to express ourselves through dance and our bodies is not the same and our right to dance is still not extended to many women. We will try some moves and watch some performances from adult women in Jane's class.
<b>ORGANISER</b>	Jane Wass: ☎ 07950 531917

## TUESDAY 10<sup>TH</sup> MARCH

<b>EVENT</b>	<b>Women, York and the Environment</b>
	<b>When:</b> 10 <sup>th</sup> March   16.00–17.45 <b>Where:</b> Marriott Room, York Explore Library, Library Square, Museum Street, York, YO1 7DS <b>Cost:</b> FREE <b>Access:</b> Wheelchair accessible; accessible toilets, hearing loop, limited free disabled parking on forecourt
<b>ABOUT</b>	Find out more about women who are active in, and campaigning on, environmental issues in the city, past and present. Find out about opportunities to join existing groups and set up new activities. This is mainly an informal event – drop in when you can – but with a talk from 16.30 to 17.00. Information-sharing and networking is encouraged.
<b>ORGANISER</b>	York Environment Forum: ☎ Chair 01904 659574; yorkenvironmentforum@gmail.com


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<b>EVENT</b>	<b>Yoga lessons with Anna Semlyen (repeats on 12<sup>th</sup> March   10.30)</b>
<b>WHEN</b>	<b>When:</b> 10 <sup>th</sup> March   17.45-18.45 <b>Where:</b> St Clement's Church Vestry, off Nunthorpe Rd YO23 1NE <b>Cost:</b> £5 to newcomers; profits to IDAS (Independent Domestic Abuse Service) <a href="http://www.idas.org.uk/">www.idas.org.uk/</a> <b>Access:</b> Steep incline to entrance; no hearing loop
<b>ABOUT</b>	Yoga wellness class on theme of self respect led by Anna Semlyen BWY Dip. Postures, breathing, meditation, relaxation. Equipment provided.
<b>ORGANISER</b>	Anna Semlyen BWY Dip, Yoga in York: ☎ 07891 989310; <a href="http://www.yogainyork.co.uk">www.yogainyork.co.uk</a> ; <a href="mailto:anna@yogainyork.co.uk">anna@yogainyork.co.uk</a>

*“We still think of a powerful man as a born leader and a powerful woman as an anomaly.”  
Margaret Atwood, Canadian poet, novelist, literary critic, essayist, inventor, teacher, and environmental activist*

<b>EVENT</b>	<b>In This Together</b>
	<b>When:</b> 10 <sup>th</sup> March   19.15-20.30 <b>Where:</b> Fox Room, Quaker Meeting House, Friargate, York YO1 9RL <a href="http://www.yorkquakers.org.uk">www.yorkquakers.org.uk</a> <b>Cost:</b> FREE but donations for room hire and any ‘profits’ to Kyra Women’s Project - <a href="http://www.kyra.org.uk">www.kyra.org.uk</a> <b>Access:</b> Wheelchair accessible; lift; no hearing loop. Quiet venue
<b>ABOUT</b>	Yvie Holder invites you to an evening of tales and poems inspired by her own experiences and the lives of others whom she has met along the way. A former schoolteacher, adult education tutor and York-based equality activist, she will reflect on the theme of 'respect and recognition,' using living testimony, biography and imagination. Fairtrade tea/coffee available.
<b>ORGANISER</b>	Yvie Holder: ☎ 07580 144988; <a href="mailto:1diverseworld@gmail.com">1diverseworld@gmail.com</a>

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<b>EVENT</b>	<b>Union Jill present 'Sisterhood'</b>
	<p><b>When:</b> 10<sup>th</sup> March   19.30-23.00</p> <p><b>Where:</b> The Crescent Community Venue, The Crescent, York YO24 1AW <a href="http://www.thecrescentyork.com/">www.thecrescentyork.com/</a> ☎ 01904 622510</p> <p><b>Cost:</b> £8 in advance. £10 door. Profits to IDAS (Independent Domestic Abuse Service) <a href="http://www.idas.org.uk/">www.idas.org.uk/</a></p> <p><b>Access:</b> Wheelchair accessible; no hearing loop</p>
<b>ABOUT</b>	An evening of songs and stories, feminism and fables from York's favourite female duo (comedy included) and guests, including stand up poet Kate Fox. Union Jill travel the country with their spellbinding harmonies and well-crafted songs. A rare treat to see them in York.
<b>ORGANISER</b>	Union Jill: <a href="mailto:unionjillmusic@gmail.com">unionjillmusic@gmail.com</a> ; <a href="http://www.facebook.com/UnionJillpage">www.facebook.com/UnionJillpage</a>

*"Whatever you choose, however many roads you travel, I hope that you choose not to be a lady. I hope you will find some way to break the rules and make a little trouble out there. And I also hope that you will choose to make some of that trouble on behalf of women." Nora Ephron, 1941-2012 US journalist, writer and filmmaker*

## WEDNESDAY 11TH MARCH

<b>EVENT</b>	<b>Hula Hula workshop</b>
	<p><b>When:</b> 11<sup>th</sup> March   9.30-10.45</p> <p><b>Where:</b> High Hoops, The Old Church, Main Street, Deighton, York YO19 6HD</p> <p><b>Cost:</b> £6.50 Tickets in advance from <a href="https://bookwhen.com/highhoopsyork">https://bookwhen.com/highhoopsyork</a>. Profits to York Breast Friends – <a href="http://www.yorkbreastfriends.org">www.yorkbreastfriends.org</a></p> <p><b>Access:</b> Wheelchair accessible; accessible toilet; no hearing loop</p>
<b>ABOUT</b>	Learn on and off body hoop skills which will increase your self confidence whilst having fun and making new friends. You might walk in with little or no self belief and leave feeling you deserve respect and recognition because you have achieved things you didn't think you could. Please note there is a resident cat who will require cuddles.
<b>ORGANISER</b>	High Hoops: Jen ☎ 07754077109, <a href="http://www.highhoops.co.uk">www.highhoops.co.uk</a> , <a href="https://www.facebook.com/highhoopsyork">https://www.facebook.com/highhoopsyork</a>

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<b>EVENT</b>	<b>Aerial dance for absolute beginners</b>
	<p><b>When:</b> 11<sup>th</sup> March   11.00-12.15</p> <p><b>Where:</b> The Old Church, Main Street, Deighton, York, YO19 6HD</p> <p><b>Cost:</b> £10 Tickets in advance from <a href="https://bookwhen.com/highhoopsyork">https://bookwhen.com/highhoopsyork</a> Profits to York Breast Friends – <a href="http://www.yorkbreastfriends.org">www.yorkbreastfriends.org</a></p> <p><b>Access:</b> Wheelchair accessible; accessible toilet; no hearing loop</p>
<b>ABOUT</b>	Whatever your age or fitness level, come and try some tricks and skills on the aerial silks and aerial hoop. Equipment will be set low with huge crash mats underneath, so no need to be worried about heights! Come and amaze yourself with what you can achieve and give your self-confidence a boost.
<b>ORGANISER</b>	High Hoops: Jen ☎ 07754077109; <a href="http://www.highhoops.co.uk">www.highhoops.co.uk</a> ; <a href="https://www.facebook.com/highhoopsyork">https://www.facebook.com/highhoopsyork</a>


<b>EVENT</b>	<b>Respecting and Recognising Ourselves – Women Only</b>
	<p><b>When:</b> 11<sup>th</sup> March   14.00–17.00</p> <p><b>Where:</b> Wellbeing In York, Room A2, The Raylor Centre, James Street, York YO10 3DW</p> <p><b>Cost:</b> £30. Email in advance to book a place. Profits to Kyra Women’s Project <a href="http://www.kyra.org.uk">www.kyra.org.uk</a></p> <p><b>Access:</b> Wheelchair accessible; accessible toilet; no hearing loop</p>
<b>ABOUT</b>	A workshop to explore the level of respect and recognition you show yourself, as well as identifying where you have control and influence over how much others respect and recognise you. We will explore how we treat ourselves, what stories we tell ourselves about our worth, get curious about our relationship with self-acknowledgement (and external acknowledgement) and look at what we can do to own our space in the world.
<b>ORGANISER</b>	Bryony Rowntree Coaching, ☎ 07760 464551; <a href="mailto:coaching@bryonyrowntree.com">coaching@bryonyrowntree.com</a> ; <a href="http://www.bryonyrowntree.com">www.bryonyrowntree.com</a> ; FB: Bryony Rowntree Coaching; Insta: bryonyrowntree; Twitter: @BryonyRowntree; LinkedIn Bryony Rowntree

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**THURSDAY 12TH MARCH**

<b>EVENT</b>	<b>Yoga lessons with Anna Semlyen (repeats on 10<sup>th</sup> March   17.45)</b>
<b>WHEN</b>	<b>When:</b> 12 <sup>th</sup> March   10.30-11.45 <b>Where:</b> St Clement's Church Vestry, off Nunthorpe Rd YO23 1NE <b>Cost:</b> £5 to newcomers; profits to IDAS <a href="http://www.idas.org.uk/">www.idas.org.uk/</a> <b>Access:</b> Steep incline to entrance; no hearing loop

<b>EVENT</b>	<b>Women of Westminster: An Evening with Rachel Reeves MP – WOMEN ONLY</b>
	<b>When:</b> 12 <sup>th</sup> March   18.00–20.00 <b>Where:</b> Marriott Room, York Explore <a href="http://www.exploreyork.org.uk">www.exploreyork.org.uk</a> <b>Cost:</b> FREE – donations welcome for room hire only. Tickets: <a href="https://womeninwestminsterwithrachelreevesmp.eventbrite.co.uk">https://womeninwestminsterwithrachelreevesmp.eventbrite.co.uk</a> <b>Access:</b> Wheelchair accessible; accessible toilets; hearing loop; limited free disabled parking on forecourt
<b>ABOUT</b>	Join us for talk and discussion about the history of women in Parliament. Rachel Reeves MP for Leeds West has written two books: 'Alice in Westminster' on Alice Bacon, Yorkshire's first woman MP, and 'Women of Westminster' highlighting the century-long struggles and achievements of women MPs. Before entering Parliament Rachel worked as an economist at Bank of England, the British Embassy in Washington, and Halifax Bank of Scotland. This is a non-party political event.
<b>ORGANISER</b>	York Labour Party: <a href="mailto:alisonwomensofficer@gmail.com">alisonwomensofficer@gmail.com</a>

<b>EVENT</b>	<b>Respect &amp; Recognition for Women in Politics - WOMEN ONLY</b>
	<b>When:</b> 12 <sup>th</sup> March   19.00–21.00 <b>Where:</b> Backhouse Room, Quaker Meeting House, Friargate, York YO1 9RL <a href="http://www.yorkquakers.org.uk">www.yorkquakers.org.uk</a> <b>Cost:</b> FREE, donations welcome for room hire only <b>Access:</b> Wheelchair accessible; accessible toilets; no hearing loop
<b>ABOUT</b>	A panel of women activists and campaigners, particularly including young women, from across the political spectrum sharing their experiences of being heard and respected, or not! Find what we have in common. No current politicians on the panel but welcome in the audience.
<b>ORGANISER</b>	June Tranmer ☎ 07932 163602; <a href="mailto:june.tranmer@gmail.com">june.tranmer@gmail.com</a>


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## FRIDAY 13TH MARCH

<b>EVENT</b>	<b>Women and Fair Trade: Tasting Women Farmers' Coffee</b>
	<p><b>When:</b> 13<sup>th</sup> March   10.00–16.00</p> <p><b>Where:</b> Fairer World fair trade shop, 84 Gillygate, York YO31 7EQ</p> <p><b>Cost:</b> FREE</p> <p><b>Access:</b> Wheelchair accessible; no public toilet; no hearing loop</p>
<b>ABOUT</b>	Taste percolated organic fair trade coffee grown by women farmers' co-operatives in Nicaragua or Peru. These co-operatives improve the status of all women by showing that women farmers can successfully run a business and market their produce.
<b>ORGANISER</b>	Fairer World shop, 84 Gillygate, York YO31 7EQ: ☎01904 655116; <a href="mailto:fairerwld@aol.com">fairerwld@aol.com</a>


*“Some women get erased a little at a time, some all at once. Some reappear. Every woman who appears wrestles with the forces that would have her disappear. She struggles with the forces that would tell her story for her, or write her out of the story, the genealogy, the rights of man, the rule of law. The ability to tell your own story, in words or images, is already a victory, already a revolt.”*


*Rebecca Solnit, US writer*

<b>EVENT</b>	<b>All Change! Open Mic Theatre</b>
	<p><b>When:</b> 13<sup>th</sup> March   19.00–21.00 (repeats 14<sup>th</sup> March   14.00)</p> <p><b>Where:</b> Theatre 1, York St John University, Lord Mayor's Walk York YO31 7EX</p> <p><b>Cost:</b> £2/by donation to the Real People Theatre charity</p> <p><b>Access:</b> Wheelchair access; accessible toilets; no hearing loop</p>
<b>ABOUT</b>	Real People Theatre in collaboration with York Spoken Word will host an “open mic” anchored by 3 set pieces on the theme of how climate change is causing us to re-think our attitude to how we live on this planet. Bring your poetry, prose, songs, stories, hopes and fears to share or just come and listen. Plenty of audience discussion ensured. Please register your interest. All welcome.
<b>ORGANISER</b>	Real People Theatre. Contact Rose Drew: ☎ 07914271871; <a href="mailto:yorkspokenword@yahoo.co.uk">yorkspokenword@yahoo.co.uk</a> OR Sue Lister ☎ 01904 488870

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## SATURDAY 14<sup>TH</sup> MARCH

<b>EVENT</b>	<b>Iyengar Yoga for UK Friends of Khwendo Kor</b>
	<p><b>When:</b> 14<sup>th</sup> March   10.00-11.30</p> <p><b>Where:</b> Clements Hall, Nunthorpe Road, York, YO23 1BW <a href="http://www.clementshall.org.uk">www.clementshall.org.uk</a></p> <p><b>Cost:</b> By donation to UK FROK (<a href="http://www.frok.org.uk">www.frok.org.uk</a>), supporting educational, economic, health and civil rights and empowerment of women and girls in NW Pakistan</p> <p><b>Access:</b> Wheelchair access; accessible toilets; hearing loop</p>
<b>ABOUT</b>	ALL WELCOME: a balanced class suitable for beginners and those with some yoga experience. The Iyengar approach to yoga teaching emphasises correct alignment for health of body, breath and mind. All kit provided.
<b>ORGANISER</b>	Laura Potts, Yoga for All York: <a href="mailto:laurapotts@phonecoop.coop">laurapotts@phonecoop.coop</a>


<b>EVENT</b>	<b>Wellbeing for All Women? Can we have integrated healthcare that includes complementary therapies?</b>
	<p><b>When:</b> 14<sup>th</sup> March   13.30–15.00</p> <p><b>Where:</b> Wellbeing in York, The Raylor Centre, James St, York YO10 3DW <a href="http://www.wellbeinginyork.org">www.wellbeinginyork.org</a></p> <p><b>Cost:</b> FREE – donations to Wellbeing in York Outreach Services, taking mini treatments to women unable to access the Centre</p> <p><b>Access:</b> Wheelchair accessible; accessible toilet; no hearing loop</p>
<b>ABOUT</b>	How can women in complementary therapies gain the recognition they deserve to be able to help care for the health of our citizens? Where is the evidence of respect for the oldest therapies in the world? Looking at examples of where it works and what we can learn.
<b>ORGANISER</b>	Wellbeing in York: ☎ 01904 927157; <a href="mailto:june@wellbeinginyork.org">june@wellbeinginyork.org</a>

*"Some people ask: 'Why the word feminist? Why not just say you are a believer in human rights, or something like that?' Because that would be dishonest. Feminism is, of course, part of human rights in general — but to choose to use the vague expression human rights is to deny the specific and particular problem of gender. It would be a way of pretending that it was not women who have, for centuries, been excluded. It would be a way of denying that the problem of gender targets women."*


*Chimamanda Ngozi Adichie, Nigerian writer, speaker and activist*

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<b>EVENT</b>	<b>Women's clothes swop: A Frock for FROK</b>
	<p><b>When:</b> 14<sup>th</sup> March   14.00–16.00</p> <p><b>Where:</b> Clements Hall, Nunthorpe Rd, York YO23 1BW  <a href="http://www.clementsall.org.uk">www.clementsall.org.uk</a></p> <p><b>Cost:</b> £3.00 incl. tea and cake and showing of a documentary of the work of Khwendo Kor</p> <p><b>Access:</b> Wheelchair access; accessible toilets; hearing loop.  Contact us for any other needs.</p>
<b>ABOUT</b>	Bring 3 items or more of good quality clothes (sized if poss), shoes or accessories. Pay £1 for each 'new' item you take. Jewelry stall. Raffle. Documentaries about Khwendo Kor's work giving recognition to women and girls in deeply patriarchal & impoverished NW Pakistan.
<b>ORGANISER</b>	UK Friends of Khwendo Kor (FROK): ☎ Marilyn /Polly/ Penny 01904 702060/705752/659574; <a href="http://www.frok.org.uk">www.frok.org.uk</a>


*“Education, if it means anything, should not take people away from the land, but instill in them even more respect for it, because educated people are in a position to understand what is being lost. The future of the planet concerns all of us, and all of us should do what we can to protect it. As I told the foresters, and the women, don't need a diploma to plant a tree.”*  
Wangari Maathai, 1940-2011, Kenyan Environmentalist

<b>EVENT</b>	<b>Women For The Environment</b>
	<p><b>When:</b> 14<sup>th</sup> March   14.00–16.00 Event is weather dependent so check website or with the organiser if in doubt on the day</p> <p><b>Where:</b> YUMI Community Garden, Fulford allotments,  off Fordlands Rd, York YO10 4NU (signage on the day)</p> <p><b>Cost:</b> FREE</p> <p><b>Access:</b> The area is flat but can be muddy; portaloos on site.</p>
<b>ABOUT</b>	Across York there are fantastic organisations led by women, all working towards a better more inclusive environment. We plant trees, work to reduce food waste and improve the environment around us, as well use gardening to build respect and integration throughout the city. Come along and find out more about projects across York, plant some seeds to take home, try out some different bikes and exchange unwanted books.
<b>ORGANISER</b>	Candi Colbourn, York Unifying Multicultural Initiative: ☎ 07979865279; <a href="http://interculturalyork.org/events/">http://interculturalyork.org/events/</a>

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<b>EVENT</b>	<b>All Change! Open Mic Theatre</b>
	<p><b>When:</b> 14<sup>th</sup> March   14.00–16.00 (repeats 13<sup>th</sup> March   19.00)  <b>Where:</b> Theatre 1, York St John University, Lord Mayor's Walk, York YO31 7EX  <b>Cost:</b> £2/by donation to the Real People Theatre charity  <b>Access:</b> Wheelchair access; accessible toilets; no hearing loop</p>

**SUNDAY 15TH MARCH**


<b>EVENT</b>	<b>Pregnant Then Screwed Live</b>
	<p><b>When:</b> 15<sup>th</sup> March   9.30–16.30  <b>Where:</b> York Theatre Royal, St Leonard's Place, York YO1 7HD  <b>Cost:</b> £23 per ticket. Plus 50 free tickets to women who cannot afford to attend. All profits to PTSL support services. Tickets from <a href="http://www.pregnantthenscrewedlive.com">www.pregnantthenscrewedlive.com</a>.  <b>Access:</b> As this event will use the whole theatre, please check here – <a href="http://www.yorktheatreroyal.co.uk/visiting-us/access/">www.yorktheatreroyal.co.uk/visiting-us/access/</a> or phone ☎ 01904 623568</p>
<b>ABOUT</b>	<p>Pregnant Then Screwed Live is the UK festival of motherhood and work. We bring together the funniest, most inspirational women we can find to help you rebuild your confidence and find work that works for you. Speakers include: Rosie Ramsey, Candice Brathwaite, Emma Conway, Sophie Walker and many more.</p>
<b>ORGANISER</b>	<p>Pregnant Then Screwed: <a href="mailto:hello@pregnantthenscrewed.com">hello@pregnantthenscrewed.com</a>;  <a href="http://www.pregnantthenscrewed.com">www.pregnantthenscrewed.com</a>; Instagram – @pregnant_then_screwed;  Twitter – @pregnantscrewed; FB – /Maternitydiscrimination</p>

*“I want them to see a mother who loves them dearly, who invests in them, but who also invests in herself. It’s just as much about letting them know as young women that it is okay to put yourself a little higher on your priority list.”*  
Michelle Obama, US lawyer

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<b>EVENT</b>	<b>Menopause Matters - WOMEN ONLY</b>
	<p><b>When:</b> 15<sup>th</sup> March   11.00–13.00</p> <p><b>Where:</b> Wellbeing in York, The Raylor Centre, James St, York YO10 3DW</p> <p><b>Cost:</b> £5. Tickets in advance from <a href="https://wellbeinginyork.org/">https://wellbeinginyork.org/</a> Profits to Wellbeing in York Outreach Service which takes mini treatments to women unable to access the centre</p> <p><b>Access:</b> Wheelchair accessible; accessible toilet; no hearing loop</p>
<b>ABOUT</b>	Another chance to talk about how menopause matters to you, and hear from some complementary therapists about how they can help. Includes food that can help you balance your hormones.
<b>ORGANISER</b>	Wellbeing in York, June Tranmer: 07932 163602/ 01904 927157; <a href="mailto:enquiries@wellbeinginyork.org">enquiries@wellbeinginyork.org</a>

*"Writing has given me [. . .] the power to take all of the anger and confusion I have felt through being a young, female, working-class person in the world, and turn it into something else. Everyone should have an opportunity to learn how to do that. Very hungry people most of all."*  
*Jessica Andrews, UK writer*

<b>EVENT</b>	<b>Strong Yorkshire Women</b>
	<p><b>When:</b> 15<sup>th</sup> March   13.30-15.30</p> <p><b>Where:</b> Marriott Room, York Explore, Library Square, Museum Street, York YO1 7DS</p> <p><b>Cost:</b> FREE</p> <p><b>Access:</b> Wheelchair accessible; accessible toilets; hearing loop; limited free disabled parking on forecourt</p>
<b>ABOUT</b>	Yorkshire women who lived life to the full, taking risks, standing their ground. Wendy Rayne-Davis discusses York Saint Margaret Clitherow (new bio with trial transcripts). Pauline Kirk discusses the life and work of Rita Jerram. Patricia Riley, children's rights activist and biographer of Githa Sowerby, talks of her work and that of Leeds suffragist Isabella Ford. Short readings; each book available at cost, just for this event. Refreshments available.
<b>ORGANISER</b>	Stairwell Books: ☎ 07914271871; <a href="http://www.stairwellbooks.co.uk">www.stairwellbooks.co.uk</a>


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## POST PROGRAMME EVENTS

EVENT	<b>Awareness Through Movement – a mind-body workshop – WOMEN ONLY</b>
	<p><b>When:</b> 21<sup>st</sup> March   15.00–17.00  <b>Where:</b> York Yoga Studio, 112 Acomb Road, York, YO24 4EY  <a href="http://www.yorkyogastudio.co.uk/">www.yorkyogastudio.co.uk/</a>  <b>Cost:</b> £15. Tickets in advance from  <a href="https://smoothmoveslab.org/classes-">https://smoothmoveslab.org/classes-</a> Profits to Kyra Women’s Project <a href="http://www.kyra.org.uk">www.kyra.org.uk</a>  <b>Access:</b> 2 small steps into building, level thereafter. Let me know about any movement challenges &amp; I will make sure that the lesson is accessible for all. No hearing loop but happy to wear microphone for portable loop</p>
ABOUT	<p>For women of all ages and abilities. Dive in for 2 hours of easy-going, pleasurable movement. You will:</p> <ul style="list-style-type: none"> <li>- reconnect with yourself – mind and body</li> <li>- relax, feel comfortable in your own skin and calm mental chatter</li> <li>- tune into your body’s own wisdom (your senses) to let go of tension and tightness</li> <li>- move with grace, freedom and pleasure</li> <li>- practice mindfulness in motion</li> </ul> <p>Maximum 10 people, for individual attention and space to move.</p>
ORGANISER	<p>Smooth Moves Lab (Julie Wrigley, teacher of Awareness Through Movement): ☎ 07817 362281; <a href="mailto:juliewrigley@outlook.com">juliewrigley@outlook.com</a>;  <a href="http://www.smoothmoveslab.org">www.smoothmoveslab.org</a></p>

*Defined by no man, you are your own story  
 Blazing through the world, turning history into herstory.  
 And when they dare to tell you  
 all the things you cannot be  
 you smile and tell them  
 “I am both war and woman and you cannot stop me.”  
 Nikita Gill, British Indian writer and poet*

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<b>EVENT</b>	<b>York Women's Conference – WOMEN ONLY</b>
	<p><b>When:</b> 22<sup>nd</sup> March   14.00–17.00</p> <p><b>Where:</b> Clements Hall, Nunthorpe Road, York YO23 1BW  <a href="http://www.clements hall.org.uk">www.clements hall.org.uk</a></p> <p><b>Cost:</b> FREE (donations towards room hire cost welcome). Tickets:  <a href="https://york-womens-conference-2020-tickets.eventbrite.co.uk">https://york-womens-conference-2020-tickets.eventbrite.co.uk</a></p> <p><b>Access:</b> Wheelchair access; accessible toilets; hearing loop</p>
<b>ABOUT</b>	<p><b>Women Power York: Collective Voices &amp; Action for Equality</b></p> <p>Women's voices must be part of all policy and decision making that impacts on women's lives and futures. Join us to: find out what the York Women's Forum/York Human Rights City Network's commissioned survey in 2019 tells us; participate in workshops on priority issues; hear from a panel of local women in politics (from across the political spectrum) with time for your questions afterwards. <b>Should there be a 'Womanifesto' for York?</b></p>
<b>ORGANISER</b>	York Women's Forum: <a href="mailto:yorkwomensforum@gmail.com">yorkwomensforum@gmail.com</a>

<b>EVENT</b>	<b>Femmes Fortissimo</b>
	<p><b>When:</b> 28<sup>th</sup> March   19.30–21.30</p> <p><b>Where:</b> The Church of the Holy Redeemer, 108 Boroughbridge Road, York YO26 6AB</p> <p><b>Cost:</b> Tickets £10 (£5 under 16). Tickets in advance from  <a href="https://femmesfortissimo2020.eventbrite.co.uk">https://femmesfortissimo2020.eventbrite.co.uk</a> Profits to Kyra Women's Project <a href="http://www.kyra.org.uk">www.kyra.org.uk</a> and NYMAZ (Youth Music development charity) <a href="http://www.nymaz.org.uk">www.nymaz.org.uk</a> (Some tickets available on the door)</p> <p><b>Access:</b> Wheelchair access; accessible toilets; no hearing loop</p>
<b>ABOUT</b>	Femmes Fortissimo all-women brass band returns for the third year running with their concert of entertaining brass music for everyone, featuring artists from Aretha Franklin to the Spice Girls. This concert sees them branching out into big band with a swinging tribute to WW2 band leader and Yorkshire lass Ivy Benson and her all-girl dance band.
<b>ORGANISER</b>	Femmes Fortissimo: ☎ 07910 237983; use form on website to get in touch: <a href="https://femmesfortissimo.weebly.com/get-in-touch.html">https://femmesfortissimo.weebly.com/get-in-touch.html</a>

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## PROGRAMME AT A GLANCE

### Pre-programme:

**Thurs 27<sup>th</sup> Feb | 18.00–20.00** Fairtrade Changing Lives: Women in Cocoa Farming

**Tues 3<sup>rd</sup> March | 19.00–22.00** York Spoken Word Poetry & Prose Open Mic

**Wed 4<sup>th</sup> March | 18.30–21.30** Creative Resistance

**Thurs 5<sup>th</sup> March | 10.00–16.00** Making Washable Feminine Hygiene Kits for  
Girls and Women in Developing Countries

**Thurs 5<sup>th</sup> March | 10.00–12.00** Whose Honour?

**Fri 6<sup>th</sup> March | 10.00–16.00** Kyra Celebrates International Women's Week

**Fri 6<sup>th</sup> March | 13.00 – 14.00** Detention and enforced disappearances in Syria

### Programme:

**Sat 7<sup>th</sup> March | 10.00–16.00** Women and Fair Trade: Tasting Divine Chocolate

**Sat 7<sup>th</sup> March | 11.00–13.00** Craftivism Across Borders

**Sat 7<sup>th</sup> March | 15.00–17.00** Self-Respect and Self-Recognition through Poetry

**Sun 8<sup>th</sup> March | 10.00–11.00** What is the Divine Feminine & Divine Masculine?

**Sun 8<sup>th</sup> March | 14.00–16.00** Never Be Stuck! A fun drama workshop with Sue

**Sun 8<sup>th</sup> March | doors open 17.00 film 17.45** CINEMARTS CAFÉ' presents "MAIDEN" (15)

**Mon 9<sup>th</sup> March | 19.30–21.30** Oriental Dance – Where West Meets East

**Tues 10<sup>th</sup> March | 16.00–17.45** Women, York and the Environment

**Tues 10<sup>th</sup> March | 17.45–18.45** Yoga Lesson with Anna Semleyn

**Tues 10<sup>th</sup> March | 19.15–20.30** In This Together

**Tues 10<sup>th</sup> March | 19.30–23.00** Union Jill present 'Sisterhood'

**Wed 11<sup>th</sup> March | 9.30–10.45** Hula Hula workshop

**Wed 11<sup>th</sup> March | 11.00–12.15** Aerial dance for absolute beginners

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**Wed 11<sup>th</sup> March | 14.00–17.00** Respecting and Recognising Ourselves – WOMEN ONLY

**Thurs 12<sup>th</sup> March | 10.30-11.45** Yoga Lesson with Anna Semleyn

**Thurs 12<sup>th</sup> March | 18.00-20.00** Women of Westminster: An evening with Rachel Reeves MP  
– WOMEN ONLY

**Thurs 12<sup>th</sup> March | 19.00–21.00** Respect & Recognition for Women in Politics  
– WOMEN ONLY

**Fri 13<sup>th</sup> March | 10.00–16.00** Women and Fair Trade: Tasting Women Farmers’ Coffee

**Fri 13<sup>th</sup> March | 19.00–21.00** All Change! Open Mic Theatre

**Sat 14<sup>th</sup> March | 10.00-11.30** Iyengar Yoga for UK Friends of Khwendo Kor

**Sat 14<sup>th</sup> March | 13.30–15.00** Wellbeing for All Women?

**Sat 14<sup>th</sup> March | 14.00–16.00** A Frock for FROK clothes swop

**Sat 14<sup>th</sup> March | 14.00–16.00** Women For the Environment

**Sat 14<sup>th</sup> March | 14.00–16.00** All Change! Open Mic Theatre

**Sun 15<sup>th</sup> March | 9.30–16.30** Pregnant Then Screwed Live

**Sun 15<sup>th</sup> March | 11.00–13.00** Menopause Matters!

**Sun 15<sup>th</sup> March | 13.30-15.30** Strong Yorkshire Women

### **Post-programme:**

**Sat 21<sup>st</sup> March | 15.00–17.00** Awareness Through Movement-a mind-body workshop  
– WOMEN ONLY

**Sun 22<sup>nd</sup> March | 14.00–17.00** York Women’s Conference – WOMEN ONLY

**Sat 28<sup>th</sup> March | 19.30–21.30** Femmes Fortissimo Concert

All event details correct at time of going to press. For up-to-date details see [yorkwomen.org.uk](http://yorkwomen.org.uk). Events described as ‘women-only’ are for those who self identify as women. All feedback welcome.

## NOTES

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## SUPPORTERS

**The Centre for Women's Studies (CWS)** was established at the University of York in 1984. It has grown into a world-leading centre for the study of women and gender, offering innovative teaching across the humanities and social sciences, linking theory in imaginative ways to current affairs, politics and activism. CWS offers postgraduate Diplomas, MAs and PhDs, and welcomes local students, as well as many from the rest of Europe and across the globe. Students normally have a 2:1 in their first degree, but we do take relevant experience into account. We also offer termly seminars open to all.

Find out more at: [www.york.ac.uk/womens-studies](http://www.york.ac.uk/womens-studies); e:[cws@york.ac.uk](mailto:cws@york.ac.uk); t:01904 323671

**York Human Rights City** In April 2017, York was declared the UK's first Human Rights City. Its Declaration commits to promote human rights in decision making, to ensure all residents' human rights are respected, and to encourage awareness and debate about human rights.

To read more about what is happening in the city and to sign up for regular notices, visit [www.yorkhumanrights.org](http://www.yorkhumanrights.org);

F:@YorkHumanRightsCity; Twitter:@YorkHumanRights

**York Women's Forum** was founded in 2018 and is a developing network which aims to provide a vehicle for women to share ideas, knowledge and experiences, to identify issues for action, promote gender equality and non-discrimination in York, and encourage women to take part in our democracy. The Forum is non Party political, and open to all who self-identify as women.

[www.yorkwomensforum.wordpress.com](http://www.yorkwomensforum.wordpress.com)

## contact YIWW

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